

Paul Banta's 25th Annual COASTAL CAROLINA



SOCCER CAMP AND ACADEMY

Middle Georgia College Cochran, GA



**"WE SPECIALIZE IN TEAM AND
GOALKEEPER TRAINING"**

Great Prices • Great Coaching • Great Locations

www.CoastalCarolinaSoccerCamp.com

Session 1 July 11-15

Advanced Camp for Full and Parital Teams
Advanced Camp for Individual Field Players
Striker/Attackers Camp for Individual Players
Striker/Attackers Camp for Full and Parital Teams
Elite and Advanced Keeper Academy for Individual Keepers
and Keeper attending with their Team
Youth Team Camp for only Full Teams

Session 2 July 17-21

Advanced Camp for Full and Parital Teams
Advanced Camp for Individual Field Players Striker/Attackers
~~Camp for Individual Players Striker/Attackers Camp for Full
and Parital Teams~~
Elite and Advanced Keeper Academy for Individual Keepers
and Keeper

Session 3 July 24-28

Advanced Camp for Full and Parital Teams
Advanced Camp for Individual Field Players
Striker/Attackers Camp for Individual Players
Striker/Attackers Camp for Full and Parital Teams
Elite and Advanced Keeper Academy for Individual Keepers
and Keeper

DAILY SCHEDULE

~~DAY ONE OF CAMP~~

10:30 AM Registration Starts / Room Assigned
12:00 PM Registration Ends Promptly
1:30 PM Camper/Coaches Orientation Meeting
2:00 PM Individual and Player Team Meetings
2:15 PM Tactic Demo - Entire Camp on Demo Field
3:00 PM First Training Session
5:30 PM First Meal on Campus Starts
7:00 PM Team Warm-ups/Goalkeeper Warm-ups
7:30 PM Evaluation Matches/Goalkeeper Training or Match
8:45 PM Short Team Meeting
9:30 PM Evening Non-Soccer Bonding Activity Start
10:30-11:00 PM Day Ends and Players in Rooms

~~DAY TWO THROUGH FOUR AT CAMP~~

6:45 AM Wake Up
7:00 AM Breakfast
8:00 AM ~~Elite GK Academy~~ Lecture/Training-Only
8:45 AM On Demo Field for Pro-Coaches Tactical Demo
9:30 AM AM Training Sessions Start
11:00 AM Tactical Scrimmages (as needed)
11:45 AM Lunch Starts
1:00 PM ~~Elite GK Academy~~ Players Lecture/Seminar
1:30 PM Camp Announcements on Demo Field
1:45 PM On Demo Field for Pro-Coaches Tactical Demo
2:30 PM PM Training Sessions
4:15 PM Tactical Preparation for Evening Match
4:45 PM Supper Starts
6:00 PM ~~Elite GK Academy~~ Field Session
6:30 PM Team Warm-ups for Evening Matches
7:00 PM Daily Tournament Matches
8:30 PM Match Analysis
9:15 PM Evening Camp Non-Soccer Leisure Activities
10:30-11:00 PM Day Ends in Dorms

~~LAST DAY AT CAMP~~

6:45 AM Wake Up
7:00 AM Breakfast Starts
8:45 AM On Demo Field for Pro-Coaches Tactical Demo
9:15 AM AM Training Sessions
11:45 AM Final Meal
12:45 PM Camp Closing and Award Ceremonies
1:45 PM PM Training Sessions/Match Warm-up
2:30 PM Final Match
4:30 PM Check out of Camp
5:30 PM All Campers must be picked-up and depart

**12TH ANNUAL STRIKER/ATTACKER
CAMP**

MESSAGE FROM THE DIRECTORS



Dear Coach and Player,

We are inviting you to attend our 25th Annual Coastal Carolina Soccer Camp and Academy program. We have one of the most exciting and challenging soccer camps in the USA. Over the years, we've had 100's of teams and thousands of players attend. Our weekly camp sessions always fill up, so we're encouraging you to apply by Mid-

April. Many teams attending our camps have gone on to win championships and players have gone on to play at the university or professional levels.

Check out our website and view our camp video, player and coaches testimonials and read more about our coaching staff. You'll read and hear about what coaches, players and parents have said about our program. Every summer we hear the same comments from players and coaches - "Other camps I've attended just do not have the coaching staff and training you have. I'll be back next summer." Putting it simply-we're committed to work hard for you so you'll be able to play the game of soccer better. We have exactly what it takes to get players playing at a higher standard. The facilities at Middle Georgia College are great and we provide all you can eat meals, medical staff on hand throughout the day and we have some great team and individual player bonding activities that you'll remember for the rest of your life.

Our outstanding UK professional coaching staff holds UEFA (Union of European Football Association) and USSF coaching credentials. They have played the game at a high level and are coaches who will help change your game and move you to a higher level of play.

Our goal is to provide players and team with great training sessions to improve their game and move their match play to a higher level. Our training will meet your soccer needs technically and tactically. Join us this summer for a great soccer experience. We will serve you as we teach you more about this great game.

Best wishes and God bless.

Paul & Joel



Paul and Joel Banta

I have been taking my high school soccer team to summer camps for the past 8 years. It's no secret why I'll be returning to Paul's camp. This camp has been by far the most satisfying to me as a coach, and for my players. His personal concern for detail, and the belief in making a difference in the lives of others has galvanized my commitment to him and his program.

Gerry Warren, FL ODP Staff Coach, USSF National Licensed Coach and Men's Head coach Cardinal Mooney HS, FL



"WE SPECIALIZE IN TEAM AND GOALKEEPER TRAINING"



**PAUL BANTA'S 25th ANNUAL
COASTAL CAROLINA SOCCER CAMP and Academy**
P.O. Box 1754
Pawleys Island, SC 29585

ELITE GOALKEEPER ACADEMY

Directors: Reggie Pierre-Jerome-International and ex-pro Ross Stewart, UEFA GK Coach and Scotland Women's Nat'l Trainer College GK Coach-Other Pro and College GK Staff are on hand.

For: Travel Team, High School, O.D.P., Regional and National level GK's

Ages: 14-up Boys and Girls

Dates: Middle Georgia College July 11-15, July 17-21 and July 24-28

We provide this special training program for highly motivated individual goalkeepers or keeper who attend with their team. Our goal is to educate, train and challenge each Elite Goalkeeper to move to a higher level of performance and reach their highest potential.

Our academy helps players understand what is needed to move their game forward. Whether it is being part of a winning championship, receiving a university soccer scholarship or eventually playing professional soccer—we have the way if you have the talent. Keepers attending will be involved in the shooting practices that are part of the striker/attackers camp.

Our GK Directors and staff are highly qualified professional who have designed daily training to include special technical and tactical sessions for your position. You'll play in small-sided functional games and 11 vs. 11 soccer matches. Our staff provides players with educational lectures and seminars on nutrition, fitness and conditioning and the mental skills needed to move their game forward.

Our University Bound Player Session will help players understand how to find the right university, how to pursue soccer scholarships and players will be presented with the NCAA eligibility rules and how to apply the the NCAA clearing house.

ADVANCED TEAM/FIELD PLAYER CAMP

Directors: Joel and Paul Banta-USSF Coaches

For: Teams full or partial teams. With 13 or more players one Coach or an Adult Team Supervisor receives free housing and food. A Team Coach or Manager of the same team gender is required to attend)

Ages: Boys and Girls Teams ages 13-18

Dates: Middle Georgia College July 11-15, July 17-21 and July 24-28

Over the past 23 years, our advanced camp has remained the biggest part of our program. It has served players, keepers, coaches, high school and club teams numbering in the thousands. Under the direction of qualified UEFA and USSF coaches train in a team concept, while training each player to play her or his position in both attack and defense. Our goal is to meet your team and individual playing needs and raise your level of playing success.

Daily training sessions include the following areas of soccer:

Formations or systems of play in attack; playing from the back zone through the midfield and penetrating the final

attacking zone; wing play; personal and team possession; receiving and passing quickly to create space in width and depth in attack; attacking corners and free kicks; recognizing systems of attack and defending them; marking and closing players down through man-to-man and zone defending; communicating and visualizing in attack and defense.

Before each training session, camp participants will be provided with a pro demonstration and clinic. These demos, which are under match conditions, will give players great insight on how they will be trained to play better soccer technically and tactically. Training sessions focus on match situations and conditions to improve each player's and team performances in daily tournament matches.

Geared toward varsity, freshman high school teams, competitive club travel teams and their coaching staff and individual players, our advanced camp will jump start your squad for the upcoming season.



Strikers/Midfielders Attackers Coaching Session

STRIKER/ATTACKERS CAMP

Directors: Cliff Talbot, Chris Daly, Gary Winchester and Joel Banta

For: Strikers, Forwards, Midfielders, Wingers, and even Backs. Individuals, Partial or Full Teams (Players will be separated by age and skill level)

Ages: Boys and Girls ages 12- 14 and 15-18 (no recreational players please)

Dates: Middle Georgia College July 11-15, July 17-21 and July 24-28

**Limited to 45 players each sessions (Apply very early to hold your space).*

Now in its 11th year of existence we guarantee that individual players(Back, Mid-fields and Forwards), competitive partial and full team and will learn more about attacking soccer by attending this unique training camp. Be confident that the benefits of our training methods assure players more goal scoring and assists.

Our directors and their staff concentrate on teaching players how to attack in individual positions, and how to accomplish successful attacks by using supporting team players. In our training session, players will be coached in their positions tactically in 6 vs. 6 or 7 vs. 7 functional training games, and players will receive plenty of one-on-one shooting time. Campers will play every evening in tournament matches, where creating and scoring goals are encouraged.

ADVANCED GOALKEEPER ACADEMY

Director: Reggie Pierre-Jerome-International and ex-pro Ross Stewart, UEFA GK Coach and Scotland Women's Nat'l Trainer College GK Coach-Other Pro and College GK Staff are on hand

Dates: Middle Georgia College July 11-15, July 17-21 and July 24-28

For: Advanced and Youth Team Keepers and Individual Keepers

Ages: Boys and Girls 12 and up

Our Goalkeeper Advanced Academy is one of the top training programs in the USA. Our program is designed to meet every goalie's needs through top level coaching. We provide tested and proven training methods and exciting new concepts to challenge and improve each keeper's playing ability. Players desiring to be top level keepers should consider our camp.

We will provide you with dynamic sessions that build personal confidence, produce better playing performance and help you to better understand your role as a keeper. If your club or high school keepers who desires an environment that is totally focused on goalkeeping; this is the place for you. We're geared toward helping players exceed their own expectations.

Our academy philosophy centers around a solid foundation of support and constant monitoring so each player becomes a fundamentally sound goalkeeper to have more confidence in their or his game.

Our professional goalkeeping staff will introduce players to four major aspects of our goalkeeping curriculum. Coaching will cover the technical, tactical, physiological and psychological approaches to this specialized position. Keepers will learn how to play their position better and be coached at what their responsibilities are in defending and attacking soccer match situations.

The goalkeeper academy training sessions consist of instruction in positional play on defending wing and central attacks; communicating with players in attack and defense; pass back rule; initiating the attack; establishing match tempo; ball distribution; goal kicks; punts; body shape; closing down 1 vs. 1 situations; diving laterally; footwork; deflections; boxing; shot stopping; stopping penalty kicks; foot saves; catching low and high balls; catching attacking crosses; controlling the six yard box on corners; organizing defense on free kicks and corners, sweeper/keeper tactics and much more.

In addition to individualized daily training, keepers play in small-sided games when possible and evening tournament matches, enabling them to apply what they have been working on in training sessions.

The experiences we gained at camp helped contribute to our success and we became a better team. The camp facilities are top notch along with all the other coaches. The demonstration sessions not only showed how high level soccer is played but helped paint a great picture of the tactical sessions that followed. I would recommend this camp to any team that is looking to take their program to the next level.

**Scott, New Head Soccer Coach
Carrollton HS, GA**



Advanced and Elite Goalkeeping Academy

The Reggie Way-Goalkeeper Training DVD's are now available for purchase through our website with your credit card. Three DVD's are Defending Techniques of Goalkeeping, Attacking Techniques of Goalkeeping and Goalkeeper Fitness.

www.coastalcarolinasoccercamp.com/reggieway.php

YOUTH TEAM CAMP-Full Team Only

Directors: Joel and Paul Banta-USSF Coaches

For: Teams Full Teams Only of 13 or more players (Coach or Adult Team Supervisor Required. One free housing and food to a Team Coach or Manager of the same team gender)

Ages: Boys and Girls Teams ages 10-13

Dates: Middle Georgia College July 11-15, July 17-21 and July 24-28

This program is for young aspiring players attending with their full teams and their coach who want to be in a serious soccer environment, who want to work on the development of their player's game and move their match players performance to the next level in league play.

Our emphasis in training your team centers around two vital aspects of player and team development. First, our licensed coaching staff, will raise the technical abilities of your players, so they can be more creative and play faster in attack as a team. Secondly, our training program will improve your team's understanding of how to play better tactically play in both attack and defensive systems of play.

Our professional coaching staff is ready to meet your needs. We will challenge each player to play better technical soccer in both attack and defense helping prepare your team for your next season.

If you're coaching a higher level recreation team and moving up in play, a classic travel team in the Under 11, 12, 13 and 14 girls or boys club soccer, good middle school or a young junior varsity high school team, this is a great program for you have your players trained and developed. Remember your Goalkeepers are trained in our by Goalkeeping Directors and their staff through our Goalkeeper Academy programs.

We will provide a learning environment for players to visualize, experience and understand about tactical awareness in both attack and defense. Your team will play daily 6

We enjoyed your camp more than any other camp we participated in and it will be life time memories for our girls. Your coaching staff were quite refreshing. They are able to use this camp as a positive bonding opportunity. I look forward to bringing more players in the future.

**Sam Cain, Head Ladies Soccer Coach
Jacksonville HS, AL**

vs. 6 or 7 vs. 7 functional games and full sided matches challenging players to improve playing together. By the end of the week your team will be playing better soccer and come away having had a great soccer training experience.

We guarantee that your team will be better prepared for your next season and as the team's coach you will have gained additional important training information from our program to help your team move to playing at a higher level and move you closer to that league championship.

COACHES ATTEND FREE

Many players attending our camp come with their coaches and team mates. Our summer sessions have served many teams and benefited from our soccer educational training methods and professional soccer environment. Teams return to us year in and year out because what we say we're about we accomplish in our training.

Coaches attending with their team(s) will be given free housing and food for the entire session as long as they bring 13 or more players. Coaches are required to assist our camp staff in supervising their players while in camp.

Our sessions fill up rather quickly, so coaches interested in attending should contact us soon. All contact information is located in this brochure. We look forward to speaking with you and having you and your team(s) with us this summer.

Remember - contact us early and apply by April 15 to hold team space!

Coaches wishing to attend camp without bringing their team can do this if we have housing space. This would be a great coaching education experience and you'll receive indepth information to help in your coaching.

CAMP LOCATIONS AND FACILITIES

Coastal Carolina Soccer Camp and Academy is located on the scenic and historical campus of Georgia Middle College in Cochran, GA. (<http://www.mgc.edu/>)

Campers and coaches are housed in air-conditioned dorms. We will keep teams housed together for the most part and if you come with your teammate you can request to room together. Laundry facilities are available near each dormitory. Over 10 watered Bermuda Turf soccer fields are on each campus. Professional Campus Food Services will cook up some great all-you-can-eat nutritional breakfasts, lunches and suppers. Salad, deli and dessert bars add more nutrition to your daily food intake and a variety of beverages are available to you. We have the right fuel you'll need for your training and matches. Swimming may be available on certain days and during certain times of the day at the campus swimming complex. Certified life guards are always on duty. The campus also has recreational facilities for you to socialize with your soccer teammates, after evening soccer matches. You can enjoy planned social Team Bonding Activities, such as Talent Night, the Gong Show, Disco/DJ night, Film night and more.

We have thoroughly enjoyed the CCSCA camps the last 7 years. The quality coaching, structured sessions and professional demonstrations have improved my team's overall understanding of the game as well as our individual skills.

Ron Rineer, Head Soccer Coach,
The Heritage School, GA

CONTACT INFORMATION

Paul Banta - Camp Director

1-843-235-3762 Phone (Sept-June)

pbanta@sc.rr.com

OUR BUSINESS MAILING ADDRESS:

Paul Banta's-CCSCA

P.O. Box 1754 / Pawleys Island, SC 29585

"Visit our website to see our 'Camp Video', information about applying on-line, camp testimonials, staff, directors, camp application, refunds policy, camp policies, directions from your home and more. Our Camp fills up so apply by April 15th."

www.CoastalCarolinaSoccerCamp.com

OUR SPORTS MEDICINE STAFF

Professionally trained, certified sports medicine Director and his staff, contracted with **Sports Care, Incorporated**, will be on duty throughout each day when soccer is on. They will be available on field locations and have a working relationship with local medical clinics and a local hospital to handle the medical needs of players if necessary. They are available before, during and after training sessions and matches. They will also assist campers that have special medicine needs and will be the initial liaison in contacting parents of players who may need special treatment. We even have an on-call service if needed 24 hours daily. Area hospitals are a few minutes drive away and work with our staff to serve our camp's needs in case of an emergency.

THE SOCCER SHOP

We will be holding a camp store each session and you can purchase pizza, gator aide, drinks, soccer balls, soccer gear and more.

Keep in mind - if you purchase individually or for your team, 100% of our profits will go to support **Global Soccer Ministries International** a soccer program for at risk children in Romania, Jamaica and Guatemala. Everybody is a winner!

I have attended Paul's camp for the past 7 years and I can tell you the training is second to none. After just one week, I could see a difference in my team's play. While teaching technical and tactical skills, the coaches also emphasize an overall understanding of the game. Paul's camp helped us reach 3 straight state playoff appearances, a record of 33-1-2 and the first #1 state ranking in school history.

Danny DePlanche, Head Men's Soccer Coach
Kennesaw Mountain HS, GA

My experiences at Paul's camps have been awesome. The experience and knowledge of the coaching staff is above and beyond what I could ever expect! My team is always more confident and more capable after attending this soccer camp.

Chrissy McKinney, Head Girls and Boys Soccer Coach,
Bradley Central HS, TN

COASTAL CAROLINA SOCCER CAMP AND ACADEMY 2010 APPLICATION



Mail to: CCSCA • P.O. Box 1754 • Pawleys Island, SC 29585

Complete full application and mail it with a deposit check of \$200 to the above address. Final balance due first day of camp.

Checks payable to CCSC or Visa or MasterCard accepted. Use designated area below for card charges.

Coaches bringing teams of 13 or more players can hold your team space with a non-refundable \$1500 deposit.

Player's Name _____ Birthday _____ Grade Next Fall _____
 Email (required & write clearly) _____ Home Phone _____
 Address/City/State/Zip _____
 Parent/Guardian _____ Work/Cell Phone _____
 Team Name _____ Playing Position _____
 Coaches Name _____ Coaches Email _____

Session 1 July 11-15 (Sun-Thurs) Coed Camp Price

- Advanced Camp for Individual Field Players and Full and Partial Teams (Boys/Girls ages 13-up) **\$489**
- Youth Team Camp for Teams Only (Boys/Girls ages 10-13) **\$489**
- Striker/Attackers Camp for Individuals Full or Partal Team (Boys/Girls ages 12 up) **\$489**
- Elite Keeper Academy for Individuals or GK's attending with a Team (Boys/Girls ages 14 up) **\$599**
- Advanced Keeper Academy for Individuals or GK's attending with a Team (Boys/Girls ages 12-up) **\$489**
- A Coach with less than 13 players, an Additional Coaches or Individual Coach Auditing the Camp Cost for any Session (if space is available) **\$295**

Session 2 July 17-21 (Sat-Wed) Coed Camp Price

- Advanced Camp for Individual Field Players and Full and Partial Teams (Boys/Girls ages 13-up) **\$489**
- Youth Team Camp for Teams Only (Boys/Girls ages 10-13) **\$489**
- ~~Striker/Attackers Camp for Individuals Full or Partal Teams (Boys/Girls ages 12 up) **\$489**~~

- Advanced Keeper Academy for Individuals or GK's attending with a Team (Boys/Girls ages 12-up) **\$489**
- Elite Keeper Academy for Individuals or GK's attending with a Team (Boys/Girls ages 14 up) **\$599**
- A Coach with less than 13 players, an Additional Coaches or Individual Coach Auditing the Camp Cost for any Session (if space is available) **\$295**

Session 3 July 24-28 (Sat-Wed) Coed Camp Price

- Advanced Camp for Individual Field Players and Full and Partial Teams (Boys/Girls ages 13-up) **\$489**
- Youth Team Camp for Teams Only (Boys/Girls ages 10-13) **\$489**
- Striker/Attackers Camp for Individuals Full or Partal Teams (Boys/Girls ages 12 up) **\$489**
- Elite Keeper Academy for Individuals or GK's attending with a Team (Boys/Girls ages 14 up) **\$599**
- Advanced Keeper Academy for Individuals or GK's attending with a Team (Boys/Girls ages 12-up) **\$489**
- A Coach with less than 13 players, an Additional Coaches or Individual Coach Auditing the Camp Cost for any Session (if space is available) **\$295**

A CAMPER MUST COMPLETE THE INFORMATION BELOW TO ATTEND:

PARENTAL CONSENT FORM: I/We the undersigned certify that we are the parents/legal guardian of the player. We give permission for the staff of CCSCA to seek, during the period of this program, appropriate medical attention for the player in the event of accident, injury, or illness. We will be responsible for any and all costs of medical attention and treatment, except for that covered by this program's excess medical coverage policy. I/We, the undersigned, for ourselves and as guardian(s) of _____ (player's name) understand that soccer is an active, physical sport and that injuries can take place during play. We also understand that there will be a number of players attending this program, that there will be a limited number of coaches, staff, and counselors, and that our child cannot receive individualized attention and supervision all of the time. We understand that, as with any sport, injuries can occur and hereby acknowledge that our child is physically and mentally capable of participating in the program's activities. We will not hold this program responsible for any preexisting injuries or recurrence of any undisclosed preexisting injury or illness of our child prior to the first day of camp. We represent that we have sought the opinion of our child's physician _____ (name of physician), and he/she concurs that _____ (camper's name) is fully capable of safely engaging in this sport. We, the undersigned, for ourselves, our heirs, executors, and administrators, waive, release, and forever discharge Paul Banta, CCSCA, and it's staff, offices, agents, employees, representatives, and successors and assign of and from all rights and claims for damages, injury or loss to person or property which may be sustained or occur during participation in this program's activities or while at the program, whether or not damages, injuries or loss is due to negligence.

Player Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

PAYMENT INFORMATION

- I have enclosed \$25 for an official camp soccer ball in my payment.

Payment amount enclosed:

\$ _____ Check # _____

Amount owed: _____

- VISA 
- MasterCard 

Card # _____

Exp. Date _____

(\$15 charge per credit card use)

ADDITIONAL INFORMATION

Roommate preference: _____

Medications needed: _____